

Time to Play

One, two, three, four

I can say

What's the time?

Time to play

Five, six, seven

Eight, nine, ten

Time to play again

Hip, hop, hip, hop

Up and down

Clap my hands, turn around

Bend my body

Like a snake

In a tree by the lake

Chorus

Jumping! Jumping!

Jumping all around

Stamping! Stamping!

Stamping on the ground

Playing tennis with a friend

Hit the ball to the end

Touch my shoulders

Stretch my arms

Flex my muscles

Rub my palms!

Repeat Chorus twice and then sing the first verse again.

Výukové pohyby

Odkaz na výukové video: <http://goo.gl/tK96uz>

1

One, two
three, four

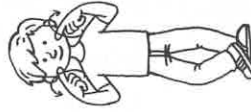
Count fingers.



2

I can say

Mime words
rolling
out of mouth.



3

What's the time?

Tap left wrist
three times.



4

Time to play

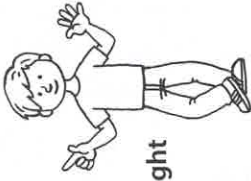
Dance.



5

Five, six, seven, eight

Count fingers.



6

And

Nod head.



7

Nine, ten

Display fingers.



8

Time to play

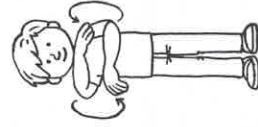
Dance.



9

again!

Roll forearms
in quick
succession.



VERSE TWO

10

Hip, hop, hip, hop

Hop on alternate legs.



11

Up

Raise right arm.



12

And down

Lower right arm.



13

Clap my hands

Clap hands three times.



14

Turn around

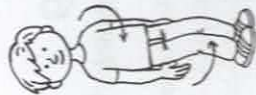
Turn 360°.



15

Bend my body like a snake

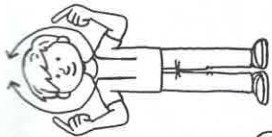
Jump twice on „ping“.



16

In a tree

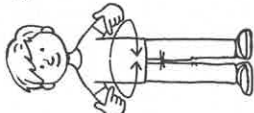
Mime shape of tree with upwards gesture.



17

By a lake

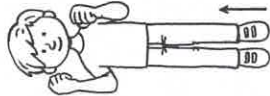
Form circle to suggest lake.



18

Jumping! Jumping!

Jump twice on „ping“.



19

Jumping round and round

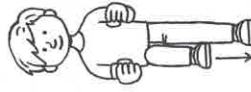
Turn in 360° in small jumps.



20

Stamping! Stamping! Stamping on the ground

Stamp with right foot then left foot in time with music.



21

Playing tennis with a friend

Play imaginary tennis.



22

Hit the ball to the end

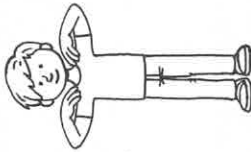
Hit imaginary ball with sound effect.



23

Touch my shoulders

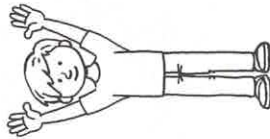
Touch shoulders.



24

Stretch my arms

Stretch arms.



25

Flex my muscles

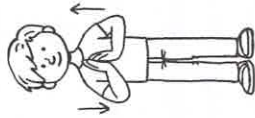
Flex left arm and feel muscles with right hand.



26

Rub my palms

Rub palms together in time with music



REPEAT CHORUS TWICE.